



## A LIFE MORE ORGANISED

# KonMari Category Tidying Checklist

Decluttering by Category allows you to see the volume of similar things that you own & any duplication of items, this helps you to make informed decisions about what to keep and what to discard.

Remember - only keep the items that 'Spark Joy', that you love or need.

### CATEGORY 1 - CLOTHES

- Tops
- Sportswear
- Trousers | Shorts
- Coats | Jackets
- Dresses | Skirts
- Jewellery
- Underwear
- Bags | Purses
- Socks | Tights
- Hats | Gloves
- Nightwear
- Shoes | Boots
- Loungewear
- Scarves

### CATEGORY 2 - BOOKS

- Novels
- Cookery
- Travel
- Academic
- Childrens
- Reference
- Other

### CATEGORY 3 - PAPERS

- Financial
- Insurance
- Health
- Vehicle
- Tax
- Household | Utilities
- Manuals | Warranties
- Important Certificates

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### CATEGORY 4 - KOMONO (MICELLANEOUS)

#### TOILETRIES

- Shampoo
- Cleanser
- Conditioner
- Toner
- Hair Treatments
- Face Moisturiser
- Shower Gel
- Exfoliators
- Bubble Bath | Bath Oil
- Serums | Treatments
- Soap
- Eye Creams
- Body Moisturiser
- Perfumes

#### MAKE UP

- Foundation | Primer
- Mascara
- Eyeshadow
- Eyeliner
- Blushers | Bronzers
- Lipsticks | Lip Gloss
- Nail Polish | Remover

#### LINENS

- Towels
- Washcloths
- Bedding
- Duvets | Pillows
- Blankets
- Tablecloths
- Placemats | Napkins
- Toilet Paper | Tissues

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#### STATIONERY

- Pens | Felt Tips
- Files | Ringbinders
- Pencils
- Notebooks
- Scissors
- Planners | Calendars
- Staplers
- Rulers | Runners
- Paper Clips
- Hole Punch
- Sellotape
- Post Its | Sticky Notes
- Glue
- Greeting | Note Cards
- Rubber Bands
- Envelopes

#### CLEANING

- Laundry Detergent
- Fabric Conditioner
- Stain Removal
- Kitchen Cleaners
- Bathroom | Toilet
- Cloths | Sponges
- Floor Mops | Brushes
- Specialist Cleaners

#### EATING EQUIPMENT

- Dinner | Side Plates
- Cereal | Soup Bowls
- Serving Plates | Bowls
- Cutlery
- Cups | Mugs
- Glasses | Jugs
- Teapots | Cafetierre
- Travel Mugs | Flasks



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### KITCHEN - COOKING EQUIPMENT

- Baking Trays | Tins
- Mixer | Mixing Bowls
- Measuring Jugs
- Sieves
- Foil | Cling Film
- Food Scales
- Food Bags
- Plastic Ties | Clips
- Pots | Saucepans
- Chopping Boards
- Cooking Utensils
- Food Prep Knives
- Blender | Whisks
- Oven Gloves
- Aprons
- Tea Towels

### FOOD & FOOD STORAGE

- Herbs | Spices
- Pasta | Rice | Grains
- Tinned Food
- Condiments | Sauces
- Baking Ingredients
- Cereals
- Savoury Snacks
- Sweet Snacks
- Tea | Coffee | Cocoa
- Cordials | Squash
- Soft Drinks | Fruit Juice
- Alcohol
- Fridge Food
- Freezer Food
- Tupperware
- Lunchboxes

### TOOLS

- Hammer | Mallet
- Screwdriver | Pliers
- Nails | Screws
- Nuts | Bolts
- Saws
- Drills | Drill Bits
- Power Tools
- Tape Measures
- Spirit Levels
- Paint | Brushes | Trays
- Glue | Adhesives
- Batteries
- Lightbulbs
- Keys | Locks
- Bin Bags

### TOYS

- Baby Toys
- Teddys | Soft Toys
- Dolls
- Cars | Vehicles
- Board Games
- Jigsaw Puzzles
- Building: eg Lego, Knex, Duplo
- Art | Craft Toys
- Electronic
- Dressing Up
- Role Play eg Kitchen
- Outdoor Toys
- Sport
- Sets: eg Playmobil, Sylvanian Families

### MEDICINE CABINET

- Painkillers
- Allergy Relief
- Cold | Flu Remedies
- Childrens Medicine
- Prescription Medicine
- Vitamins
- Diet Supplements
- Plasters
- Bandages
- Creams | Ointments
- First Aid Kit
- Insect Repellent
- Thermometers
- Electronic Monitors

### ELECTRONICS

- CD | DVD players
- Computers
- Cameras | Accessories
- Phones | Accessories
- Games Consoles
- Cords | Chargers
- Adaptors

### PET ACCESSORIES

- Pet Food
- Pet Treats
- Pet Bowls
- Collars | Leads
- Toys
- Towels
- Pet Clean Up

### HOBBIES

- Art Supplies
- Craft Supplies
- Musical Instruments
- Sports Equipment
- Camping Equipment
- Gardening Equipment
- Other Hobbies

### MONEY

- Small Change
- Credit | Debit Cards
- Foreign Currency
- Vouchers
- Loyalty Cards
- Cheque Books
- Coupons

### SEASONAL

- Christmas Decorations
- Christmas Lights
- Easter
- Halloween
- Birthdays
- Travelling | Holidays

### CATEGORY 5 - SENTIMENTAL

- Photographs
- Awards | Certificates
- Childrens Memorabilia
- Academic Awards
- Family Heirlooms
- Antiques | Collectibles
- Gifts